



How to carry out Rapid Testing at home.

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Work Hard – Stay Humble – Dream Big



Rapid Testing

- One in three people who have Covid-19 are asymptomatic (display no symptoms).
- Others have minor symptoms which could be confused with a common cold or other illness' experienced throughout the year.
- Since their return to the academy during the week commencing 8th March 2021, hundreds of our students have completed three rapid tests (Lateral Flow Device Test) to determine if they are positive for Covid -19, despite showing no symptoms.
- The Government has stated that from 22nd March 2021, students can now test themselves at home, bi-weekly.



The support team

Project coordinators	Registration assistants
Louise Townsend Andrea White	Katie Smith Allison Woods Nathan Stuart-Robbins

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Opt in

- Following tonight's presentation, the following will be sent home:
 - Letter outlining succinctly what has been discussed in tonight's presentation.
 - An updated privacy notice related to testing at home.
 - A copy of this PowerPoint presentation.
- These will also be found on the academy's website under 'Testing our students' on the first page.
- For those of you that have consented we will automatically assume that you would like to continue to testing at home.
 - Please inform us ASAP if this is not the case.
- If we have not tested your child within school, you can now opt in, however we will require a consent form to be completed. This was previously sent out on PAM or can be found on the academy website under 'Testing our students' on the first page.



Collecting your kit

- Test Kits will be sent home via the students from Monday 22nd March 2021
- Each test kit has a serial number attached to it and this has been assigned to each student.
- There are 3 tests in a box and these will be replenished by the end of term (following week).



Testing at home

- It is recommended that the test is carried out in the morning before school.
- There is a short guide in the kit, which outlines how to carry out the test.
- The link below will send you to a set of short films created for the NHS, which show you how to complete the test at home including:
 - preparing the processing equipment.
 - how to use the swabbing equipment (which you have been doing at school).
 - how to use the processing equipment to test your swab.
 - how to analyse your result, as well as how to log these.
- <https://www.youtube.com/playlist?list=PLvaBZskxS7tzQYIVg7lwH5uxAD9UrSzGJ>
- Don't forget, your child will have confidently carried out the test three times when the home test kit is distributed, however they will not have processed these or analysed the results.



Analysing your results

- Remember...
- Check the results as you are going along, however ensure that you are ready to look after 28 minutes and record the result which shows at 30 minutes.
- Any result taken after 30 minutes is a null and the test will have to be taken again.
- Results are as follows:
- Red horizontal line on...
 - T = Void (Repeat the test again)
 - C = Negative (Clear)
 - C&T = Positive
- **If you test positive, you must book yourself a PCR to get this confirmed.**



Reporting the results

Once you have the result, you must record it on the following website:

<https://www.gov.uk/report-covid19-result>

- You need to do this, even if the result is negative.
- We would appreciate it if you could also inform us for Track and Trace purposes, via email as follows:
- **Negative result:** ParkerNegativeTestResult@pkr.e-act.org.uk

Simply put negative result, the date you tested and your DOB in the subject bar. There is no need for a full message.

- **Positive result:** ParkerPositiveTestResult@pkr.e-act.org.uk

If your child tests positive, please also inform:

NHS Track and Trace ASAP

Karen.white@pkr.e-act.org.uk

absent@e-act.org.uk

You will also need to book a PCR test.

If this comes back as **negative** your child can return to school.

If they are **positive** the family will need to self isolate at home, for the time stipulated in the Government guidance (currently 10 days).

You will also need to update ParkerPositiveTestResult@pkr.e-act.org.uk and Karen.white@pkr.e-act.org.uk and absent@e-act.org.uk

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Repeat!!

- This will need to be repeated every 3-4 days.
- We are recommending that these are carried out on a Wednesday and Sunday...
- ...this will also need to continue into Easter.

Testing at home: An overview

Overview

Testing at home – the process

- 1

Opt-in
Read key information and privacy notice to understand data protection for testing.
- 2

Collect test kits
Collect test kits from the collection point at your education setting and take them home after signing for the updated instructions for use.
- 3

Test at home ⓘ
Follow instructions: **v1.3.2** issued with test kit – see slide 14. Test in the morning before going to your education setting ideally.

- 4

Check your results
At 30 minutes, check the result. Please note the results are invalid after 30 minutes.

Positive result: Self-isolate immediately and take a PCR test, following the current public health guidance

Negative result: No need to self-isolate, you can go to your workplace or education setting.

Void result: Take another LFD test. If you receive 2 void results in a row you should book a PCR test.
- 5

Report result to NHS Test and Trace - [here](#)
Even if negative or void
- 6

Report result to your education setting
Staff and pupils should also share their result, either void, positive or negative, with their education setting to help with contact tracing
- 7

Take next test
Take next test according to guidance - twice weekly, 3 to 4 days apart. No test required for 90 days after positive PCR, unless you develop new symptoms.

ⓘ It is recommended that you **test yourself in the morning** before attending your education setting (so there is less chance you get infected between taking the test and attending the setting). However, you may choose to do the testing the evening before, especially the first time, to give you more time to get accustomed to the test, and to have more time for your education setting to react to a positive test result.

⚠ If you receive a positive LFD result you should [book a confirmatory PCR test](#). We would advise visiting a community or drive through test site as this is the quickest way to get tested, or you can order a home test kit. It is important that you self-isolate until the result of your PCR test.

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If there is a problem....

Clinical issue

Examples of clinical issues are a swab breaking in the mouth, bleeding, allergic reaction on using the kit etc.

If there is a clinical incident which led or has potential for harm, participants are advised to report it on <https://coronavirussyellowcard.mhra.gov.uk>.

This is not for seeking immediate medical care. Medical care should be sought through the usual route of contacting 111 or 999.

Non-clinical issue

An example of a non-clinical issue would be missing items from a test kit.

For incidents occurring at home, participants are advised to report any issues (something damaged, or missing or difficult to use in the kit, unable to log result etc.) to 119 in England, Wales, Northern Ireland and 0300 303 2713 for Scotland.

Inform the Education Setting

Participants should inform their education setting about ongoing test-related problems, so that they can check if this is a wider issue across other users.